

Monday	Tuesday	Thursday	Saturday
<p>starting 13/07/20</p> <p>10.00am</p> <p>Mindful Motion (pilates)</p> <p>Clovelly</p>		<p>11.30am</p> <p>Aerobics online in ZOOM ROOM</p> <p>for ZOOM LINK contact kim</p>	<p>starting 18/07/20</p> <p>8.30am</p> <p>Exer-sighs! online in ZOOM ROOM</p> <p>for ZOOM LINK contact kim</p>
<p>starting 13/07/20</p> <p>11.00am</p> <p>Exer-sighs! (aerobics)</p> <p>Clovelly</p>			<p>starting 18/07/20</p> <p>9.30am</p> <p>Ballet Basics online for adults</p> <p>for ZOOM LINK contact kim</p>
	<p>5.00 - 6.00 pm</p> <p>Pilates Mat Class for enrolment information contact City East Community College</p>		